

Going Deeper

Your weekly guide to understanding God with others

Sculpted - Part 6

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Introduction

We all face many battles in our lives, and each battle impacts us either in the physical, mental, emotional or spiritual areas of our lives. In the final chapter of Ephesians, Paul looks at the constant unseen spiritual battle that is going on all around us, and he commands how we can best prepare to defend and have victory in this battle. While Jesus has already won the battle for us, we still need to stay alert and walk in this victory with Him.

Read

Ephesians 6:10-20

Discuss

1. Read Ephesians 6:10-20. What images come to mind as you hear these words from Paul? What is significant about each piece of armour he mentions?
2. Which piece of armour do you most readily relate to or feel that you need at this time? Why?
3. In verses 11, 13 and 14 Paul speaks about taking a stand against the devil. What does this mean to you? How might this apply in your life today?
4. In verses 18-19 Paul speaks of the significance of prayer. How can you apply what he says in these verses?
5. While most of the armour Paul names in these verses is for defence, the only offensive weapon included is the sword of the Spirit - the Word of God (Bible). What is significant about this? What does this say to you?
6. What can you do to ensure that your sword (the Word) is sharp and ready for battle, metaphorically speaking?

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Respond

While we know that Jesus has won the battle for us at the cross, we still have a responsibility to be alert and ready for the spiritual battle that is happening all around us. We need to have the offensive weapon of the Word of God ready in our minds and hearts to use at any time.

Take time this week to intentionally spend time reading scriptures regularly. Take up the challenge this week to memorise a Bible verse that is significant to you. If you are not able to think of a specific verse, memorise Psalm 56:3, "When I am afraid, I put my trust in you."