

Going Deeper

Your weekly guide to understanding God with others

Anointed - Part 5

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Introduction

We all face times when we feel unable to change or overcome the situation before us. It is often in these moments, when we cry out to God, that He is willing and able to do so much more than we dreamed or imagined possible. Yet we have a part to play in this, too. For us to accept the anointing and blessing that God has for us, we first need to be willing to let go of such things as our stubbornness, doubts, insecurities, pride and ego. To truly receive God's anointing, we first need to be willing to "let go and let God."

Bible Passage

Reading: 2 Kings 5:1-16

Discussion

1. Read 2 Kings 5:2-3. The servant girl was very courageous in pointing Naaman towards God. When have you needed to be courageous in sharing about God with others? Share.
2. Elisha calls on Naaman to take the unusual step of dipping in the river seven times in order to be healed and cleansed. Why might Elisha have asked him to do this? What did this step require of Naaman? Why might he have reacted as he did? What might have been at the root of his anger about this request?
3. Have you ever felt that God was asking you to take an unusual or courageous step in your faith? How did you respond?
4. In order for us to receive the anointing of God we may first need to let go of our own stubbornness, pride, ego, doubts or insecurities. Why might these be a barrier to God? Why do we want to hold onto them?

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5. Read 2 Kings 5:15. Naaman went back to see Elisha with a grateful heart after he was healed. When have you been most grateful to God? How can we be more grateful to God in our everyday?

Respond

In order for us to receive the full anointing from God that he has for our lives, we first need to be willing to humble ourselves before him, and to let go of the things in our lives that are a barrier between God and us. What is one thing that the Holy Spirit has made you aware of that is a barrier for you to fully receive anointing from God at this time? How could you let go of this? Take a moment now to 'let go and let God'. Let go of your barrier. Ask God for his forgiveness and healing, and receive his blessing and anointing. Then thank him with gratitude in anticipation of what he has for you both now and in the future.