

# Going Deeper

Your weekly guide to understanding God with others

## Noise

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### Introduction

Between the year 2017 to 2018 ninety percent of the data in the world was generated. This is more than the entire history of the human race. It is undeniable that we live in a world of unprecedented noise, busyness, information and choice. If we are not careful, we could easily be trapped in this vortex. We shouldn't forget that God turns up in sheer silence, if we let him. As Jesus' followers in the midst of this noise, it is important for us to be able to turn it off and listen to His voice.

### Bible Passage

1 Kings 19:1-13

### Discussion

1. What happened to Elijah in 1 Kings 19? How can you relate to the overwhelming situation that Elijah was in?
2. What is your understanding of the presence of the Lord as you read verse 11-13? Do these verses alter your previous understanding of 'being in the presence of the Lord'? Discuss.
3. Read Mark 1:35 and Luke 6:12-13. What counter-cultural practices and patterns can you see in Jesus' ways of praying? What hinders you from taking a quiet time and allowing the Holy Spirit to talk to you?
4. Read John 10:14-16, 27. What does it mean for you to listen to Jesus' voice? How would it look like in your life to be more intentionally listening to what God is saying to you?
5. Romans 12:2 talks about Godly transformation over worldly information, satisfaction and validation. What are some of the closest things in our world right now that could rob us of this transformation? Why?

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**Respond**

God wants to have an intimate, one-on-one relationship with each of us. However, busyness, blockages, and barriers in life often get in the way of the Holy Spirit's work in our transformation. What is one practical thing that you can do differently this week to turn off the noise in your life and be in the presence of the Lord?