

Going Deeper

Your weekly guide to understanding God with others

Jesus Says - Week 3

Scott Pilgrim

Introduction

Ever been in a hurry to get somewhere and everything seems to be slowing you down? Kids can't find their sports uniform, level crossing closes as a train passes, the car in front doesn't engage the right gear and then drives 20km below the speed limit and you have no opportunity to pass... Anger can build quickly, can't it?

Bible Passage

Matthew 5:21-26, Ephesians 4:26-27

Discussion

1. Consider the difference between Godly righteous anger and sinful anger.
2. As citizens of the Kingdom of God, what does it look like for us to be radically different from our surrounding culture?
3. What does it mean to be slow to anger, quick to reconcile?
4. Which areas need attention in your life? Where do you need to allow in the Spirit of God?

Respond

'God wants us to change and be different.' Choosing to self-reflect is a significant step in changing and growing as a person. Take a moment to discuss what triggers anger in you, what causes frustration in your life, and where God might want to help you.

