

Going Deeper

Your weekly guide to understanding God with others

It Begins At Home - Week 2

Crossway Panel

Introduction

Katherine mentions the competing tensions in her life as a mother. Everyone has competing tensions in their lives. You could be a student who needs to work to fund their studies to the detriment of those studies. You may be working to provide for your family at the expense of family time. We all have times in our lives when our priorities compete against each other. Jesus helps us simplify this when he teaches us how to pray. When we consider the Lord's Prayer, there are eight steps he shows us. "Our Father who art in heaven" speaks to God's character. "God's will" speaks to his insight. "Give us today" is God's provision for us. "Lead us not into temptation" speaks to God's protection for us. "Forgive us as we forgive those who sin against us" reminds us that forgiveness is something we need to receive and give.

Bible Passage

Matthew 6:9-13

Discussion

1. Who has been a woman of impact in your life? What are the characteristics that impacted you?
2. How has this influence been evident in your life? Has this influenced your parenting or relationships?
3. Have you considered who you influence in your life? Take a moment and write down the people you influence.
4. Are there ways you could change your parenting or relationship style to be more intentional? List three first steps you could take to be more intentional.
5. Taking time both with God and to refuel is an important part in the balance of life. What does it look like for you to have time with God each day? How do you replenish your energy, faith and your hope?
6. Consider what small changes may be necessary to achieve better balance to help you negotiate the competing tensions in your life.



Respond

Discuss the Lord's Prayer and its different aspects and pray through a particular situation using this framework.