

LifeCare

Volunteer position: **LifeCare receptionist**

Volunteer description: To help run the LifeCare reception desk and offer administrative support

Time Required: 3 hours per week negotiated with the LifeCare Operations Manager

Volunteer position: **LifeCare B-Empowered Budget Interviewer**

Volunteer description: to offer budgeting and practical assistance to community clients

Time required: 2 to 3 hours per week negotiated with the LifeCare Counseling Services Manager

Volunteer position: **LifeCare Coach**

Volunteer description: a friend with purpose who offers practical support and coaching towards life goals for families and young people

Time required: 2 hours per week